

Home school Helping Hands Program at The Severna Park Community Center

Fall Session #1 ~ September 10th - November 2nd

Artworks Studio

Students will explore the creative process, develop their artistic skills & experiment with a variety of art materials. The supportive environment of "Artworks Studio" encourages participants to connect with other home-schooled children in exciting, fun & creative classes that meet Maryland State Standards.

Art classes: Ages 6-13+= \$135.00, Ages 3-5= \$90.00
*Price includes art lesson & all supplies!

Art classes for ages 3-5/"Mini Monets"
Mondays 9:45-10:30am ~ Ms. Julie
Tuesdays 9-9:45am ~ Ms. Dana

Art classes for ages 6-9
Tuesdays 10-11:00 ~ Ms Dana

Art classes for ages 8-12
Tuesdays 11-12:00 ~ Ms. Dana

Art classes for ages 10-15/Mixed Media
Mondays 10:30-12 or Fridays 9:30-11am ~ Ms. Pat

Art classes for ages 12+/Drawing
Fridays 11-12:30 ~ Ms. Pat

Additional classes offered in the
afternoon & evenings!

Contact information:

Julie Braithwait ~ 410-271-3343
artworks_studio@verizon.net

www.artworksstudio.info

**Art Show ~ Friday October 26th
6:00-7:30pm**

SPCC Aquatics

SPCC Aquatics is dedicated to providing quality aquatics programming to people of all ages, including open and lap swimming, swim lessons, water exercise, Arthritis Foundation Aquatic Program, aquatic physical therapy, masters swimming & our nationally renowned SPY swim team. All lifeguards are American Red Cross certified in lifeguards, first aid & CPR for the Professional Rescuer. All of the swim instructors are American Red Cross Water Safety Instructors. Our water exercise instructors, Arthritis instructors & swim coaches all hold current certifications in their respective fields.

Swim Lessons: Ages 6+= \$135.00, Ages 3-5= \$90.00
Swim lesson for ages 3-5, 6-9 & 10-12 yrs

Contact information:

Maureen Kogut ~ 410-315-7779
maureenk@spyaquatics.com

www.spyswimming.org



Severna Park Gymnastics

At SP Gymnastics, we are committed to providing superior instruction, affordable tuition, and personal growth for each child. Our classes focus on balance, coordination, flexibility and strength of each child through recreational gymnastics and fitness programming. We encourage social growth through group activities, games and structured classes. Because we are committed to the wellness of our community, each class is centered on age appropriate health and fitness theme.

Gymnastic class: Ages 3+= \$135.00

Contact information:

Courtney Gregory ~ 410-709-8130
Courtney@severnaparkgymnastics.com

www.severnaparkgymnastics.com

RU Fit Exercise, Yoga and Zumba

Yoga for Kids (ages 8-12)- A fun way to experience the wonderful world of yoga by helping children increase their strength, flexibility, coordination and concentration. Yoga also helps improve body awareness as well as enhance their overall well being.

Wednesdays 9:45-10:30am

Zumba for Kids (ages 8-12)- A great way for kids to have fun learning dance moves to upbeat music while improving their flexibility, coordination and balance. Kids love to move and dance and Zumba is the perfect way to keep them moving. **Mondays 9:30-10:45am**

Kids Zumba or Yoga class Ages 8-12= \$90.00

Contact information: Sheila Light ~
410-437-1436 sheilalight@gmail.com
www.severnaparkcommunitycenter.com/RUFit.htm

Move & Groove

home of Music Together Chesapeake

While we are beginning our third year at the SPCC, this will be our first participating with Helping Hands. We are very excited to bring music & movement classes to the homeschool community in Severna Park and surrounding communities.

In **Creative Movement** children ages 5-7 will be provided opportunities to experience playful movement and self-expression within a gently guided format. Perfect for the mover in your family, class activities include space, shape, and rhythm play; stories, poetry, movement props and instrument play.

Students will explore the seven basic elements of music using the Orff Schulwerk technique in our new **Explorer of Music Fundamentals** classes. The students will be learning to read music by actively participating in singing, playing xylophones and rhythm instruments, and moving to music. The Intermediate class will include recorders as well.

Ages 5-8 = \$90.00, Ages 9-12 = \$135.00

Creative Movement for ages 5-7
Thursdays from 3:45-4:30/\$90

Junior Explorer of Music Fundamentals for ages 6-8
Tuesdays from 1-1:45 PM/ \$90

Intermediate Explorer of Music Fundamentals for ages 9-12
Tuesdays from 2-3:00 PM/\$135

For information on other SPCC offerings including:
Music Together and Violin Blast-Off
Please visit our website

www.movengroove.net

**Please register for all classes by:
September 3rd**

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Please Register
For all classes
By Sept. 3rd

Monday	9:00-10:00	10:00-11:00	11:00-12:00	12:00-1:00+	Additional Classes:
3-5 yrs	Art class/"Monets" (9:45-10:30)	Swimming (10-10:45)			Art 4:45 -5:30pm (5& 6 yrs) Art 5:30-6:30 pm (7-10 yrs)
6-9 yrs	Swimming <u>or</u> Zumba (8-12 yrs/ 9:30-10:45)				
10-12 yrs	Zumba (8-12 yrs/ 9:30-10:45)	Art Class~ Mixed Media (10-15 yrs/10:30-12)		Swimming (12-1:00)	
Tuesday	9:00-10:00	10:00-11:00	11:00-12:00	12:00-1:00	Additional Classes:
3-5 yrs	Art/" Monets" (9-9:45)	Swimming (10-10:45)	Gymnastics		Art 4:45-5:30pm (3-6 yrs) Art 5:30-6:30pm (7-10 yrs)
6-9 yrs	Swimming	Art class	Art class (8-12 yrs) <u>or</u> Gymnastics	Junior Explorer of Music (6-8 yrs/1:00-1:45)	
10-12 yrs			Gymnastics	Swimming <u>or</u> Intermediate ~ Music (9-12 yrs/2:00-3:00)	
Wednesday	9:00-10:00	10:00-11:00	11:00-12:00	1:00-3:00	Additional Classes:
3-5 yrs					Art 4:30-5:30pm (7-10 yrs) Art 5:30-7:00 (10-15 yrs)
6-9 yrs	Kids Yoga (8-12 yrs/9:45-10:30)				
Thursday	9:00-10:00	10:00-11:00	11:00-12:00	12:30-3:00	Additional Classes:
3--5 yrs					Art 4:30-5:15 (3-5 yrs) Art 5:15-6:15pm (7-10 yrs) Art 6:15-7:15pm (7-10 yrs)
6-9 yrs				Creative Movement (5-7 yrs/3:45-4:30)	
Friday	9:30-11:00	11:00-12:30	1:00-1:45		Additional Classes:
10-12 years	Art Class ...				
13+ years	Art class~ Mixed Media (10-15 yrs)	Art class ~ Drawing Skills 12+ yrs			

Home School Package Discount Pricing~

Qualify for discount package prices: 1 child in 2+ programs or 2+ children in any number of programs
Discounted costs: 3-5 yr old classes~\$85, 6+ yr old classes~\$125

Minimum Class Size Requirements

Art:
Minimum of 5
Gymnastics:
Minimum of 6
Music:
Minimum of 8

*If you are interested in a
single class please contact the
individual to register

*If you are interested in a
'package' program...for your
convenience- please register
with Julie Braithwait/Artworks
www.artworksstudio.info
(register online)

Cancellation Policy
In the event that Anne
Arundel County Public
Schools are closed, close
early or open late due to
inclement weather or
unplanned causes, **all** classes
will be cancelled. Check
www.aacps.org for these
updates or call Julie
(Artworks) at 410.271.3343
www.aacps.org

